

Barbara Dunn, PhD, LICSW, MT-BC
Clinical Social Worker • Music Therapist
P.O. Box 842, Langley, WA 98260 206-491-5047
Email: barbaradunnmusic@gmail.com Web Site: www.barbaradunn.com

Services for individuals, groups; agency consultations also available.
See Web Site for additional information.

TREATMENT PHILOSOPHY

My approach to therapy is eclectic and practical. Individuals and the complex challenges they face are unique and require creative efforts to inspire and promote change. In general, my theoretical orientation utilizes cognitive behavioral therapy along with mindfulness practices. Music therapy is integrated into the therapeutic process when appropriate. Music can get to the heart of an issue in the matter of a few notes into a song; it can communicate ideas and truth in feeling that exceeds the spoken word.

TREATMENT SPECIALTIES

- Cognitive Behavioral Therapy
- Music Therapy
- Pain Management
- Adjustment to Medical Illness
- Personal Growth/Life Transitions
- Grief and Loss
- Relaxation Techniques
- Mindfulness Training/Buddhist Psychology
- Conflict Transformation

PROFESSIONAL QUALIFICATIONS and AFFILIATIONS

- Licensed Independent Clinical Social Worker, LW00006935
- Music Therapist - Board Certified/ Certification Board for Music Therapists, Inc. #04908
- National Provider Identifier (NPI), 1881928943
- Doctor of Philosophy (PhD), Union Institute and University, 2008
- Diploma of Arts, Victoria University, 1988
- Master of Social Work, University of Washington, 1987
- Bachelor of Music - Music Therapy, Michigan State University, 1982
- American Music Therapy Association, Member
- Music Therapy Association of Washington, Member

CONFIDENTIALITY

Information obtained in the course of therapy is confidential. Exceptions to this are the following: When information or consultation is indicated with other professionals regarding a specific client, a written release of information will be obtained from the client prior to the consultation. In instances where client's safety, safety of others or a child's welfare is at risk, appropriate reporting will be made, as required by the law. If at all possible, this will be discussed with the client prior to reporting. Additionally, I use regular consultation and supervision with other mental health clinicians. Client names are not disclosed and those clinicians are bound by these same rules of confidentiality.

For clients who are using health insurance to pay for sessions, minimal information is submitted to the insurance company to assist with billing. You will be notified and asked to sign a *Release of Information* for any session content or records requested by your insurance company.

BILLING INFORMATION

- 1. **Cancellations** made less than 24 hours before scheduled appointment will be charged \$100. No charge for cancellations made with more than twenty-four hour notice.
- 2. **Fees:** Session Rates \$115 (45 minutes), \$135 (60 minutes), Assessment/Intake \$175. Sliding Scale available upon request.
- 3. All fees (including co-pays or co-insurance) are payable at time of service unless special arrangements are made. I accept Cash, Check, and Credit Card payments.
- 4. Client is responsible for any bank fees on returned checks.
- 5. **Insurance billing** is done through Island Billing Services. You will be invoiced for any unmet deductibles, co-pays or co-insurance.

CONTACT and COMMUNICATION INFORMATION

You can call me at 206-491-5047; please feel free to leave a message on my confidential voicemail. I will try and get back to you as soon as possible.

Email contact is primarily limited to scheduling and nonclinical issues. This is because emails are not completely secure or confidential. I also do not correspond with clients via social media sites, such as Facebook or Linked-In. This is to maintain confidentiality and to protect professional boundaries.

Please note that I do not necessarily check my phone or email messages every day. For emergencies, please call 911 or the Crisis Line: (King Co) 800-244-5767 or 206-461-3222.

Counselors practicing counseling for a fee must be registered, certified, or licensed with the department of health for the protection of the public health and safety. Registration, certification or licensure of an individual with the department does not include a recognition of any practice standards, nor necessarily implies the effectiveness of any treatment. The Counselor Credentialing Act (RCW 18.19) is the law regulating counselors. It’s purpose is 1) to provide protection for public health and safety; and 2) to empower the citizens of the state of Washington by providing a complaint process against those counselors who would commit acts of unprofessional conduct. Please refer to RCW 18.130.180 for a list of acts of unprofessional conduct as defined by the State of Washington.

Contact for additional information:
 Washington State Department of Health, PO BOX 47890, Olympia, Washington 98504-7890

I hereby acknowledge that I have received a copy of my clinician’s Disclosure Information. I have also been given an opportunity to read a copy of her Notice of Privacy Practices. Any questions regarding this Disclosure or Notice of Privacy Practices will be directed to Dr. Dunn.

Client or Guardian Signature	Date
Client Name (print)	Date